

# Routine Obstetric- Antenatal appointment dates

10-12 weeks

16 weeks

20-22 weeks

26 weeks (**Twins / High Risk** – Fortnightly after 26 weeks onwards)

30 weeks

33 weeks

36 weeks

38 weeks

39 weeks **if 1<sup>st</sup> baby**

40 weeks

## ▪ **Antenatal Visits**

- ✓ will be every 4 weeks up to 30-32 weeks,
- ✓ then every fortnight up to 38 weeks,
- ✓ then weekly 2-3 weeks.

▪ All visits are booked according to available appointment times you requested.

▪ \* If you are delivering at Wagga Base Hospital as a public patient please book in early for the Antenatal clinic at Wagga Hospital between 12-20 weeks.

▪ Antenatal Fees for all Antenatal patients of Dr. Lulania  
Payment Plan payable prior to your appointments

1. 1<sup>st</sup> instalment payable at 16 weeks
2. 2<sup>nd</sup> instalment payable at 20 weeks
3. 3<sup>rd</sup> instalment payable at 24 weeks

<b>Under 10 weeks</b>	GP	Routine early pregnancy blood and urine tests
		Dating ultrasound - if unsure of dates
		Referral letter to Obstetrician
		Discuss screening for Down Syndrome (NT scan) and request form given
<b>10-14 weeks</b>	Dr Lulania	First visit with Dr Lulania - 10 weeks if NT scan request not given by GP
		NT Scan - Ideally performed at 12 weeks, but may be done between 11 weeks 3 days gestation and 13 weeks 6 days gestation.
		Glucose Tolerance Test if family history of diabetes or previous Gestational Diabetes
		If delivering at Wagga Base - arrange booking-in appointment at the Pregnancy Care Clinic
<b>18-20 weeks</b>	GP/Dr Lulania	Routine antenatal check
		Morphology Ultrasound - scan to check vital organ development, placenta location, fetal growth and amniotic fluid levels.
		If delivering at Calvary - paperwork to book-in given at this visit.
<b>24 weeks</b>	Dr Lulania	Routine antenatal check
<b>28 weeks</b>	GP/Dr Lulania	Routine antenatal check
		Glucose Tolerance Test, full blood count and antibody screen blood tests.
		Anti-D injection for women with Rh negative blood group (given at Calvary or Wagga Base depending on hospital for delivery - if delivering at Wagga Base, the 28 week appointment will be at the Pregnancy Care Clinic)
<b>33-34 weeks</b>	GP/Dr Lulania	Routine antenatal check
		Anti-D injection at 34 weeks for Rh negative women
<b>36 weeks</b>	Dr Lulania	Routine antenatal check
		Blood test - Full blood count
		Vaginal/anal swab for Group B strep (GBS)
		If delivering at Wagga Base, this visit will be at Pregnancy Care Clinic
<b>38 weeks</b>	Dr Lulania	Routine antenatal check
<b>39 weeks</b>	Dr Lulania	Routine antenatal check
<b>40 weeks</b>	Dr Lulania	Routine antenatal check
<b>41 weeks</b>	Dr Lulania	Routine antenatal check
		Planning for Induction of Labour.
		If delivering at Wagga Base, this visit will be at Pregnancy Care Clinic
<b>6 weeks Postnatal</b>	GP/Dr Lulania	Routine Postnatal check
		Pap smear if required.
		Discussion regarding contraception